LIVERPOOL WOMEN'S BOOT CAMP

A CLASS DESIGNED JUST FOR WOMEN

If you are ready to make serious changes to your health and lifestyle, under the guidance of fully qualified Personal Trainers for less than a 1/3 of the cost, please fill in the form below and act NOW!

Print this out and bring up to 10 friends/family members for a

1 WEEK FREE TRIAL!

Name	Contact Number	Email	Date